

Feedback on Career Development talk

from Dr. Eleonora Leucci

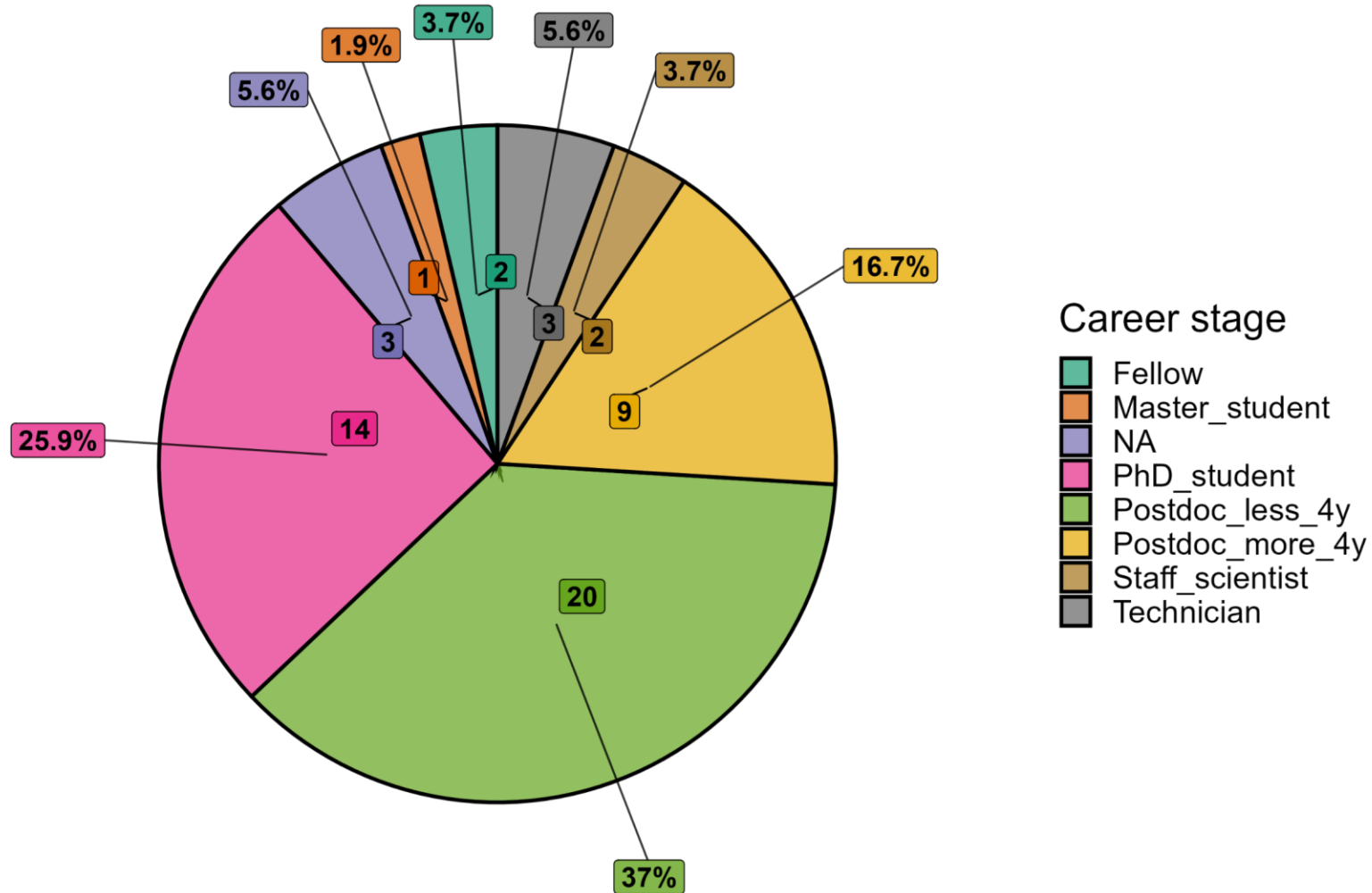
given on May 22, 2026 at

Department of Experimental Oncology, IEO

June 16, 2026

Organized by the PostDoc Community at IEO

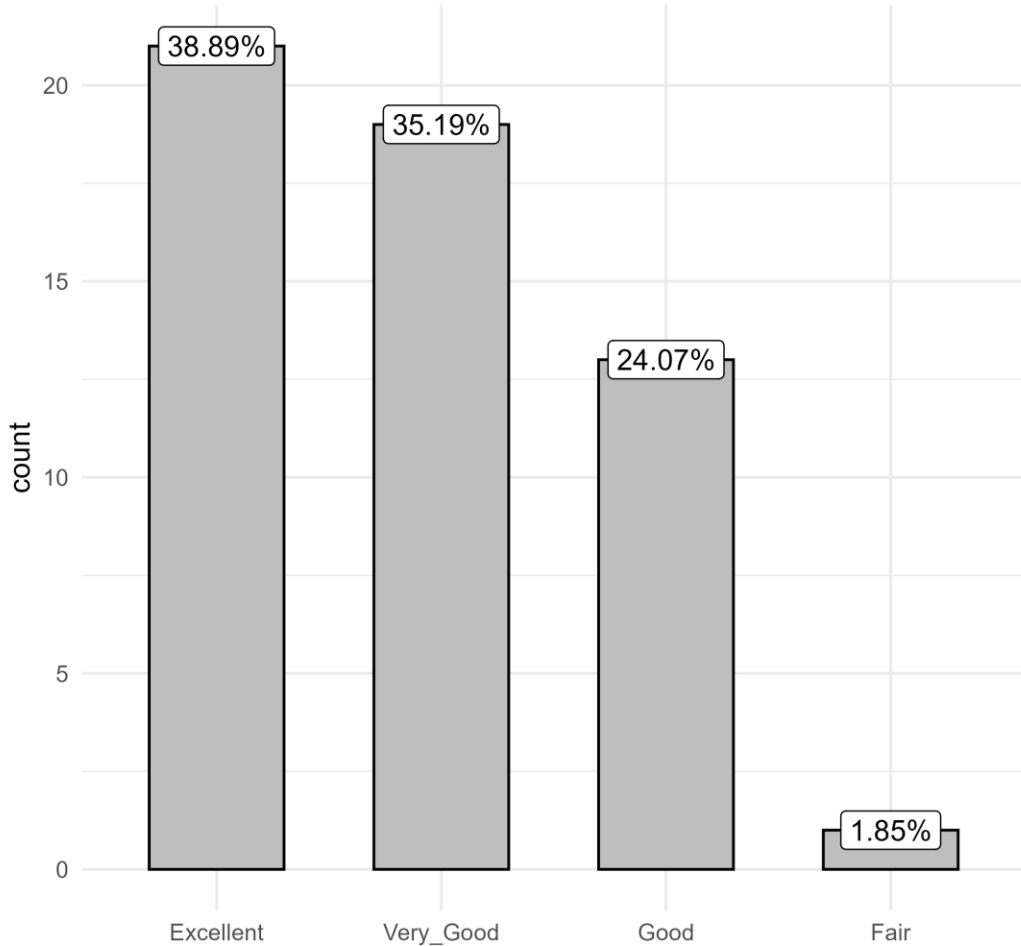
54 participants in total – It made us super happy!



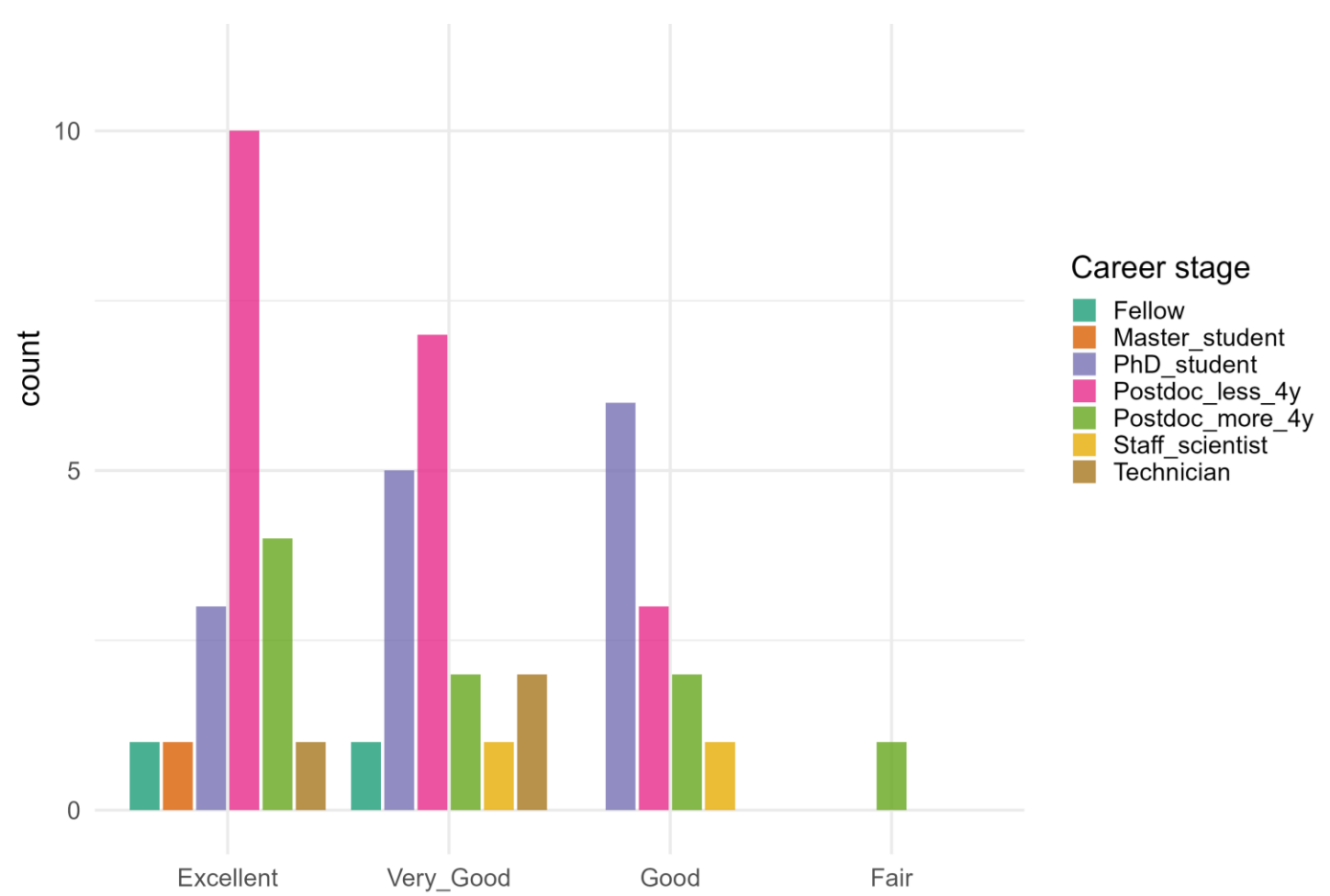
- **Participants from IEO only**
- **PostDocs were >50% of the participants**

1. Overall Experience

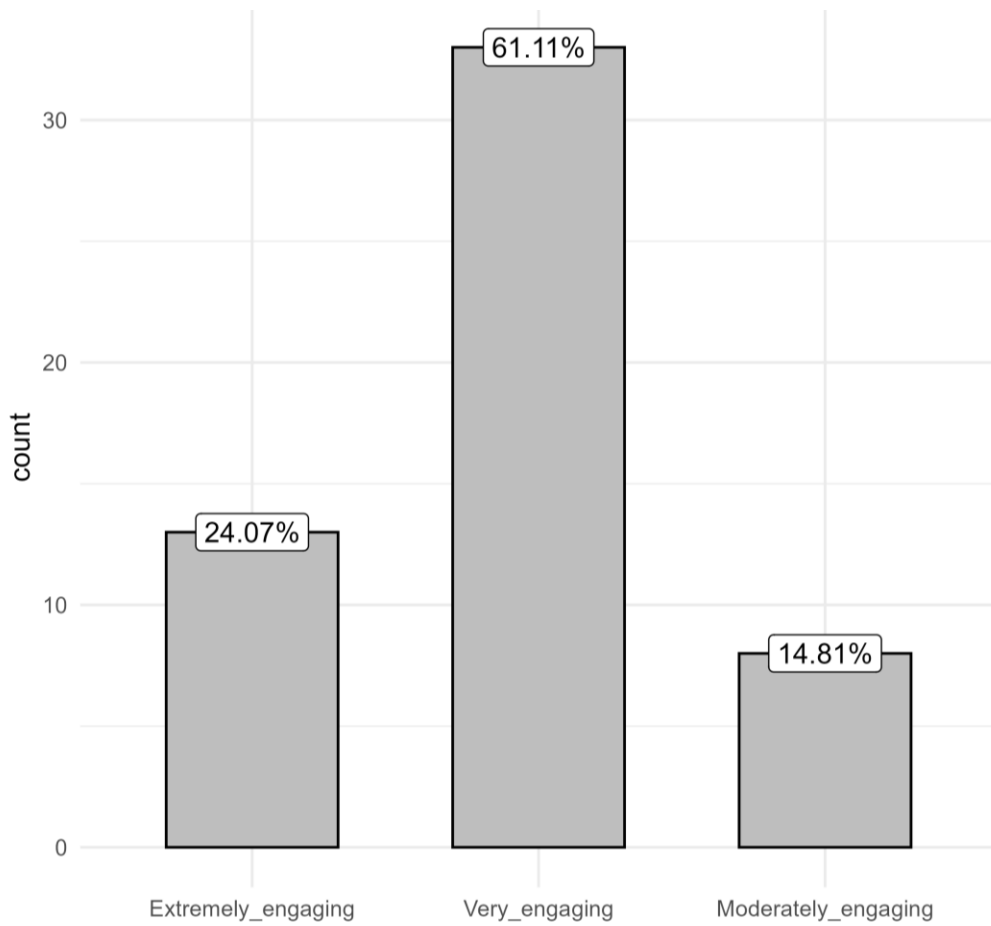
Overall rate



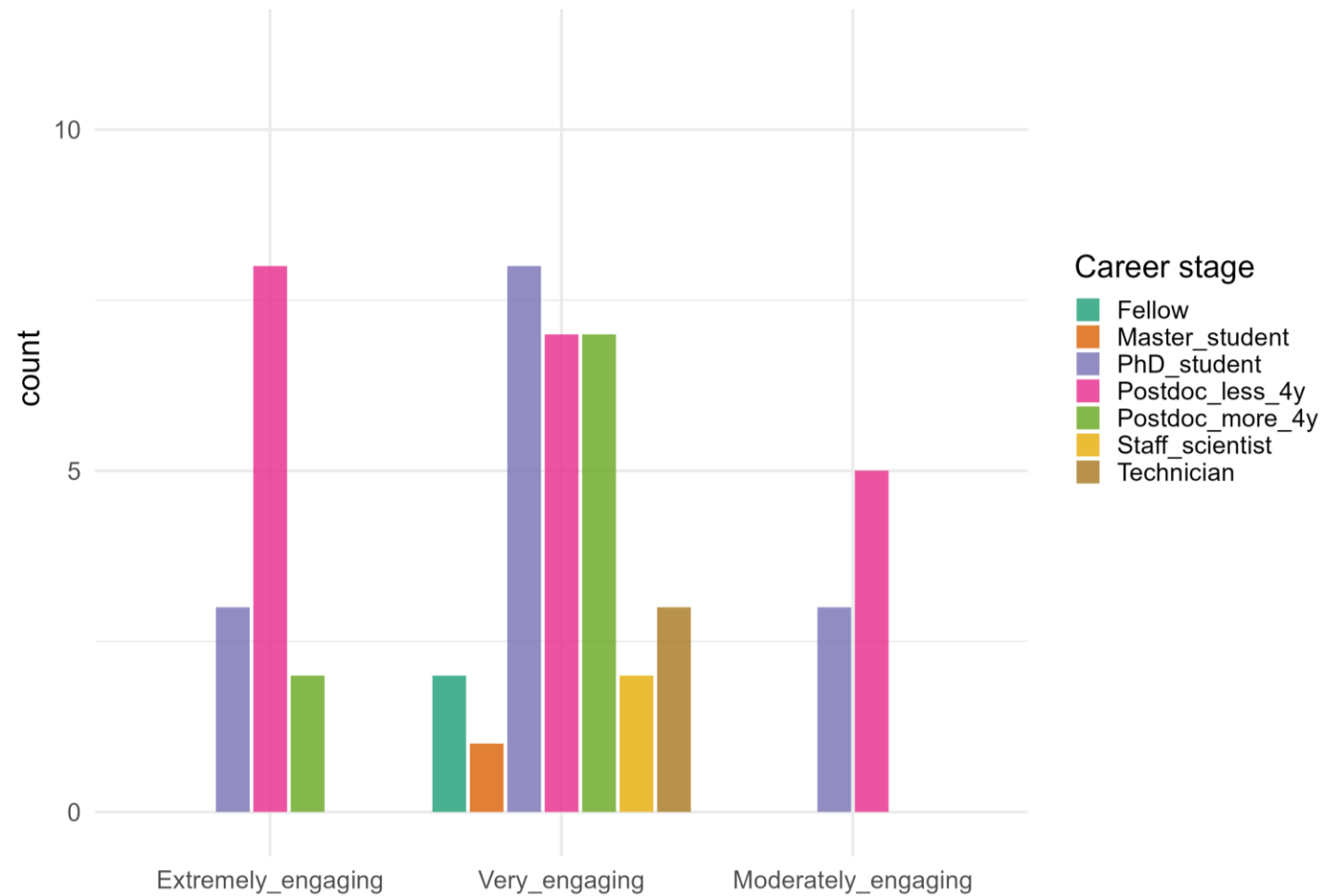
Overall rate per career stage



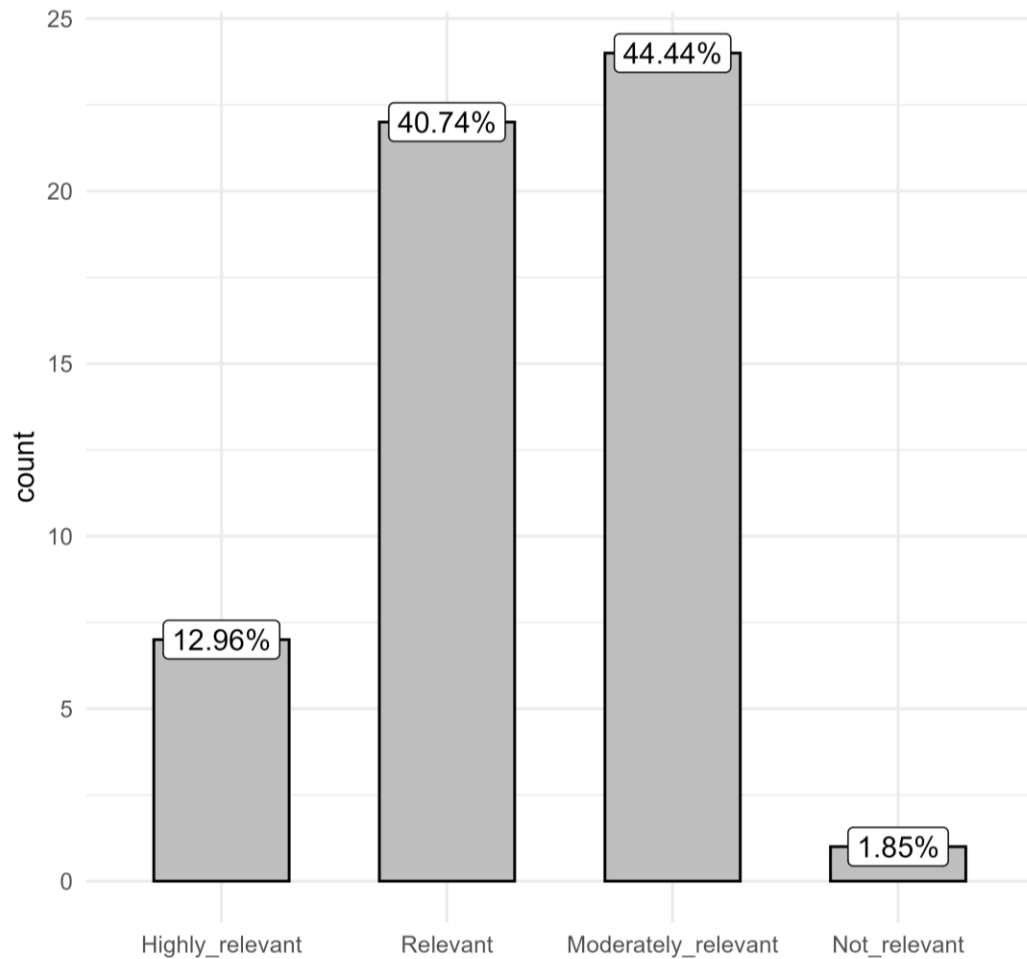
How engaging was the speaker



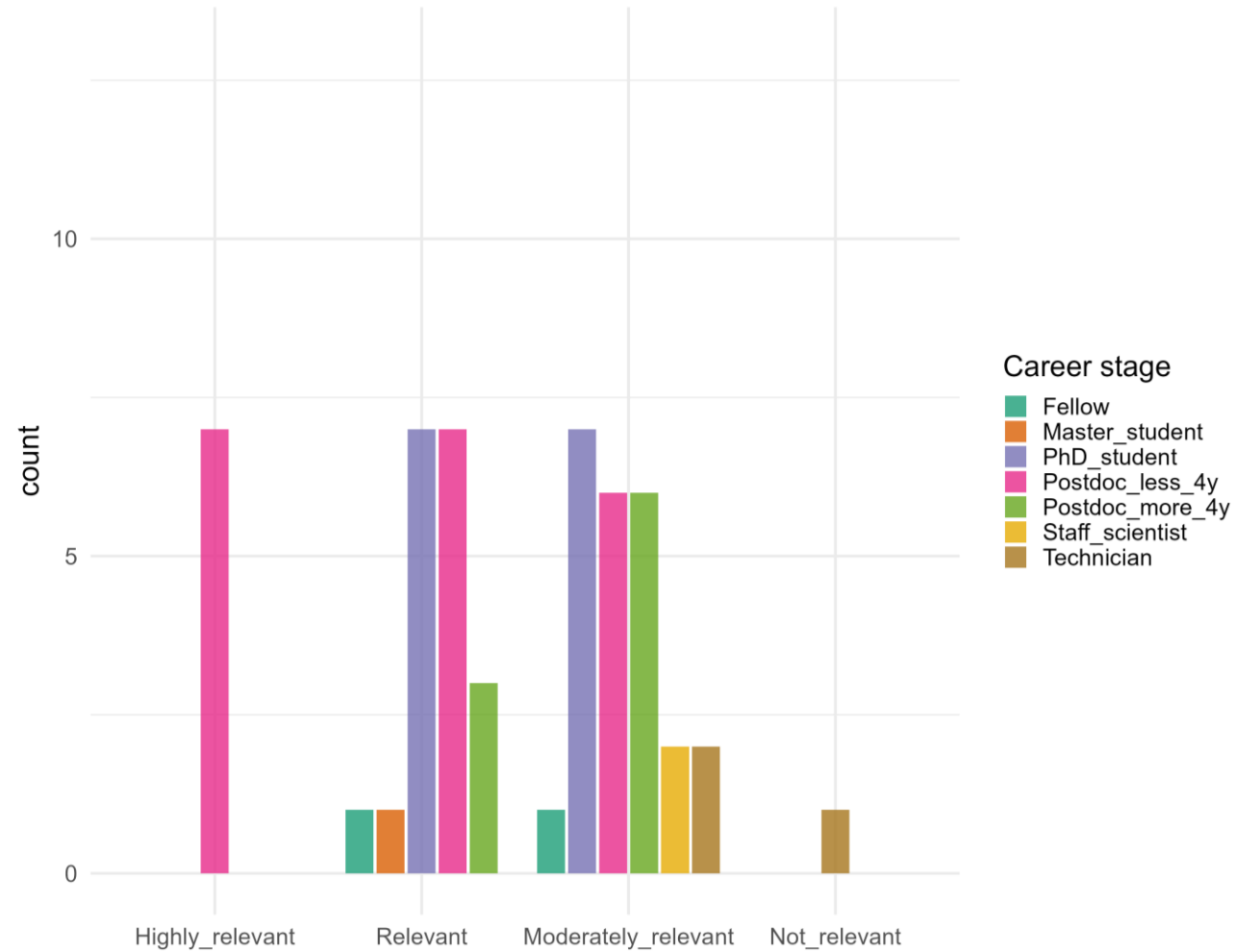
How engaging was the speaker per career stage



How relevant was the speaker's journey to personal or professional growth

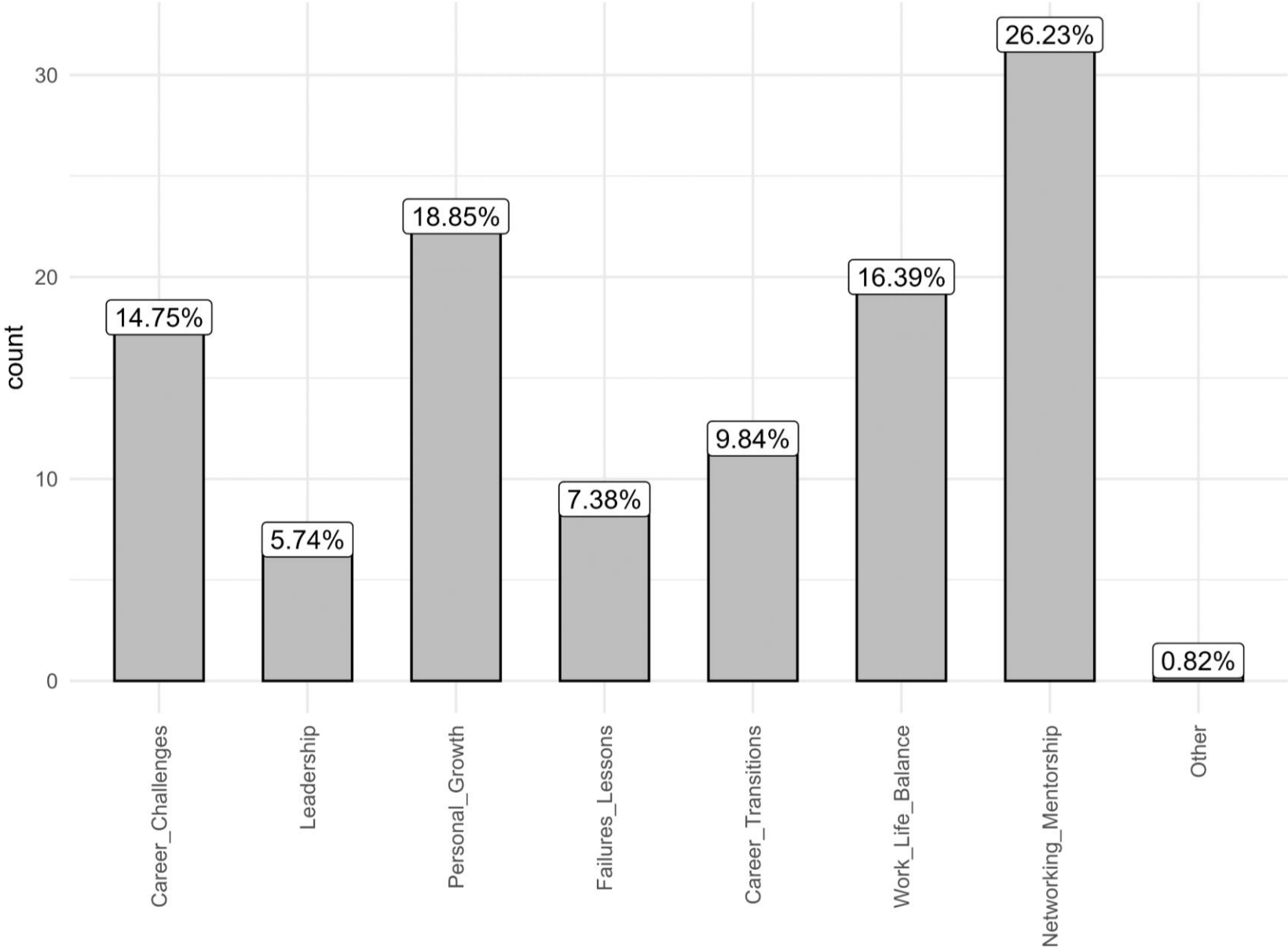


How relevant was the speaker's journey to personal or professional growth per career stage

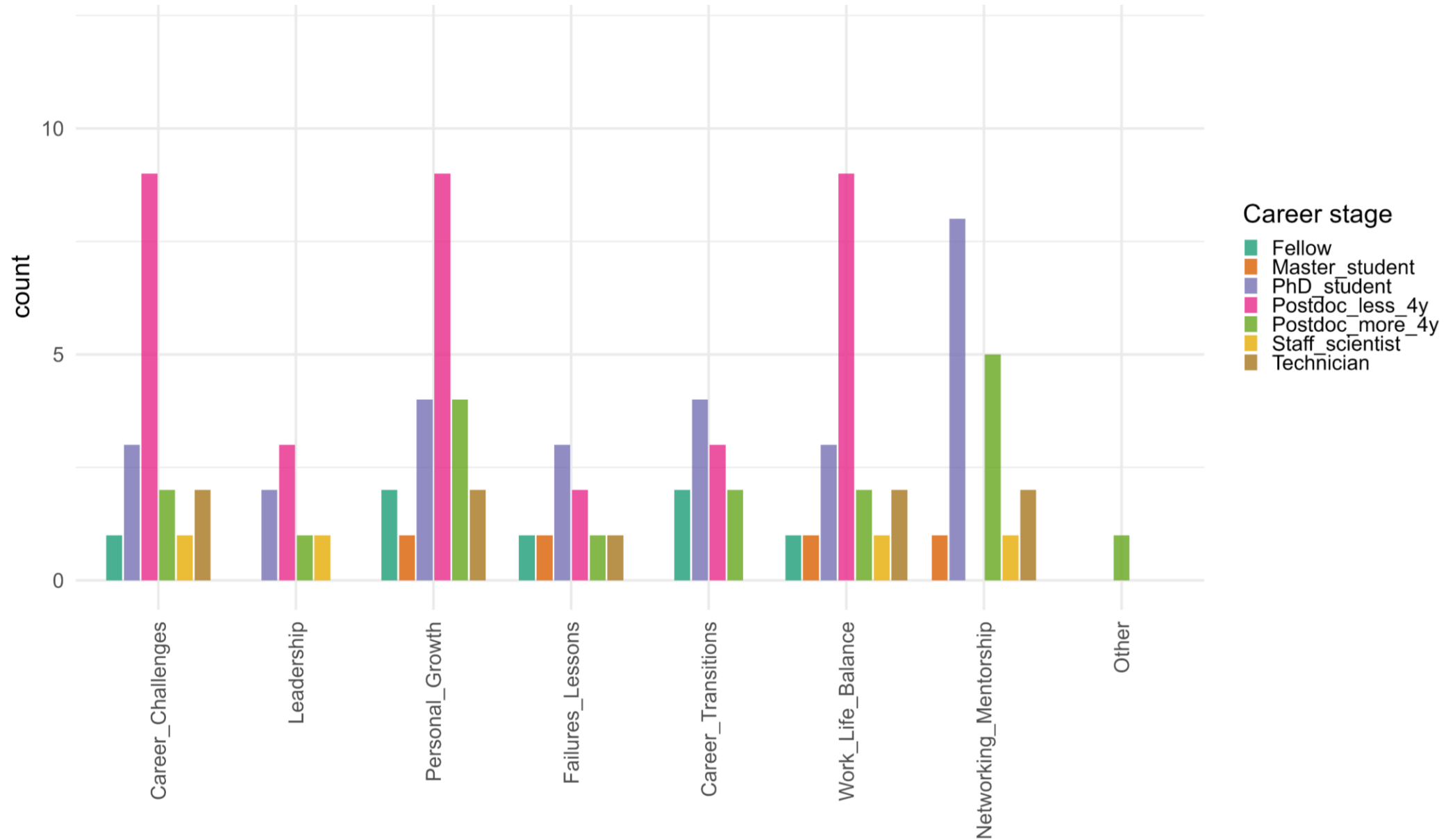


2. Content & Insights

Inspiring aspects from the speaker's journey



Inspiring aspects from the speaker's journey per career stage

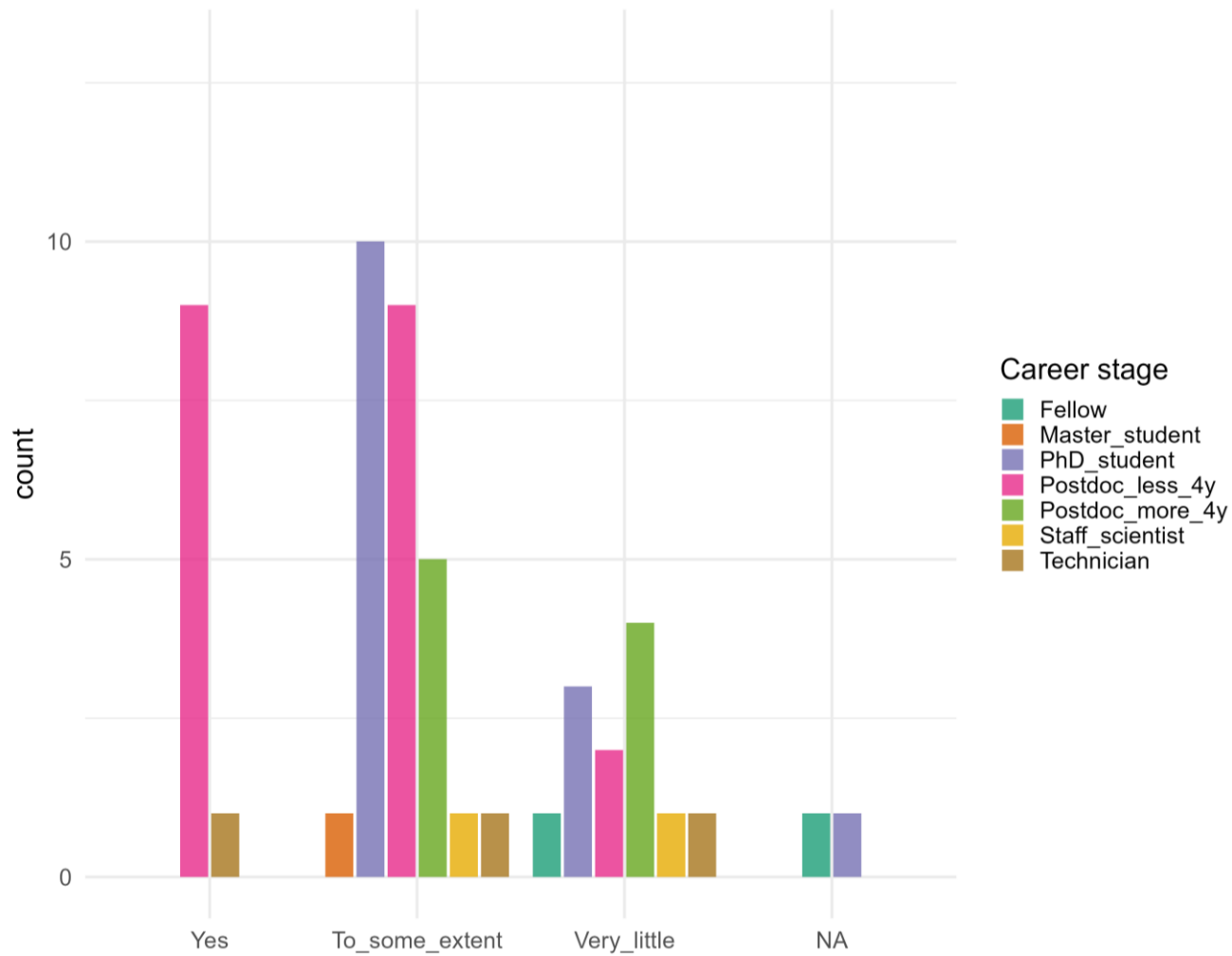


More than one option was possible

Did the session provide practical insight or advice you can apply

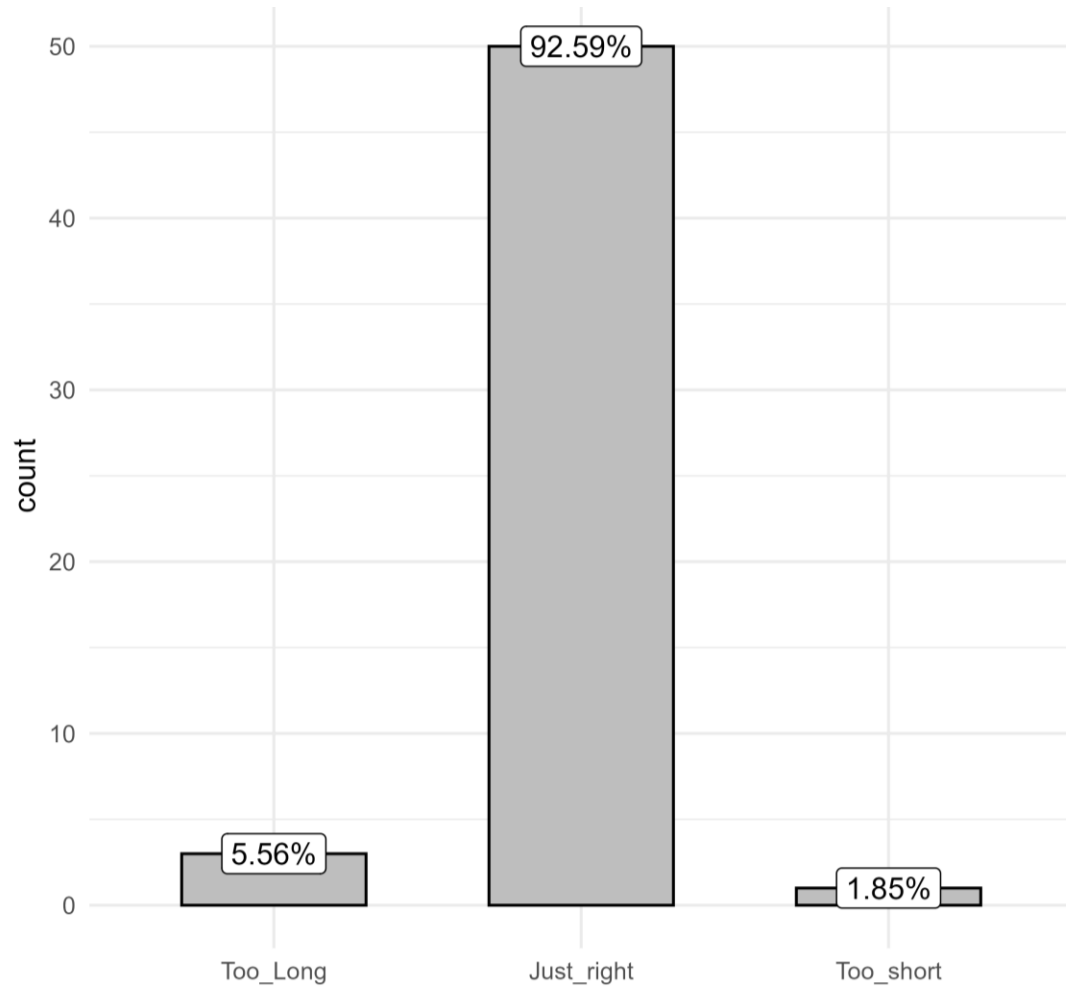


Did the session provide practical insight or advice you can apply per career stage

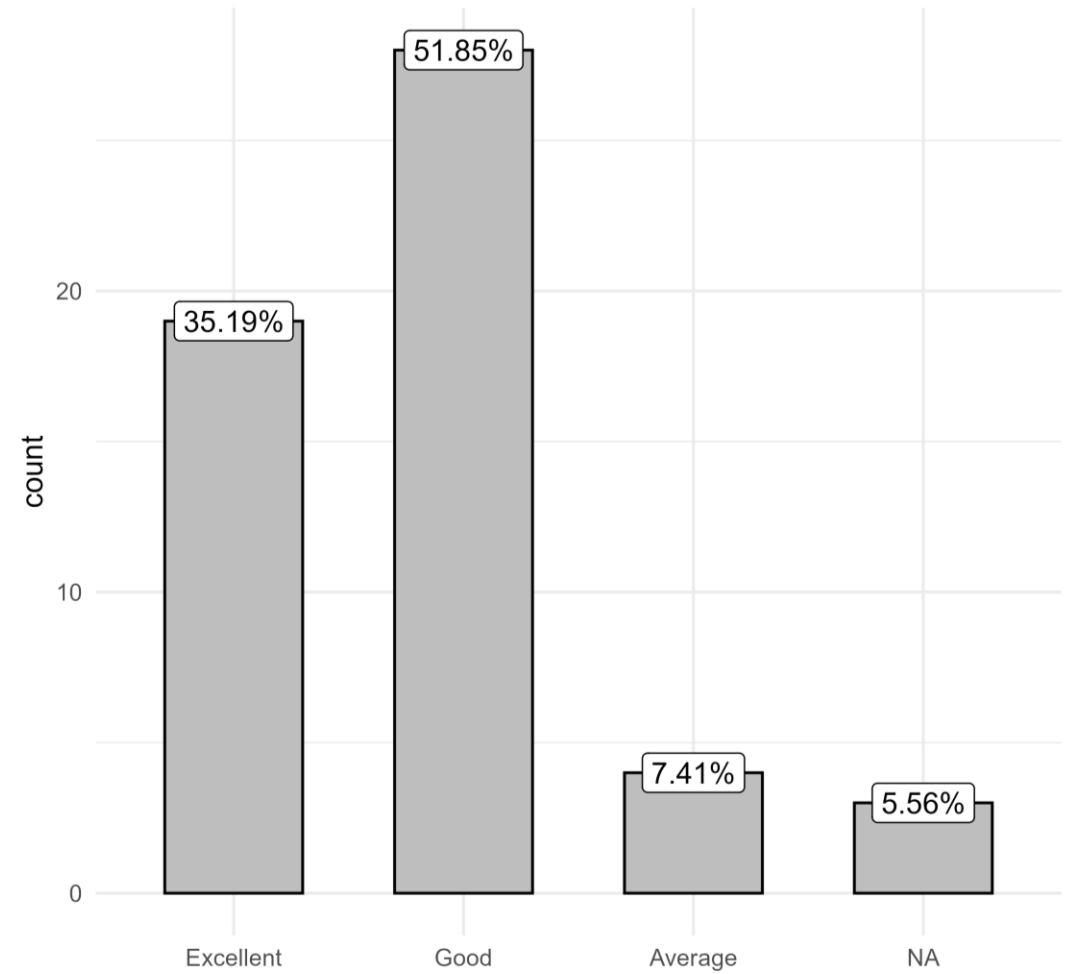


3. Session delivery

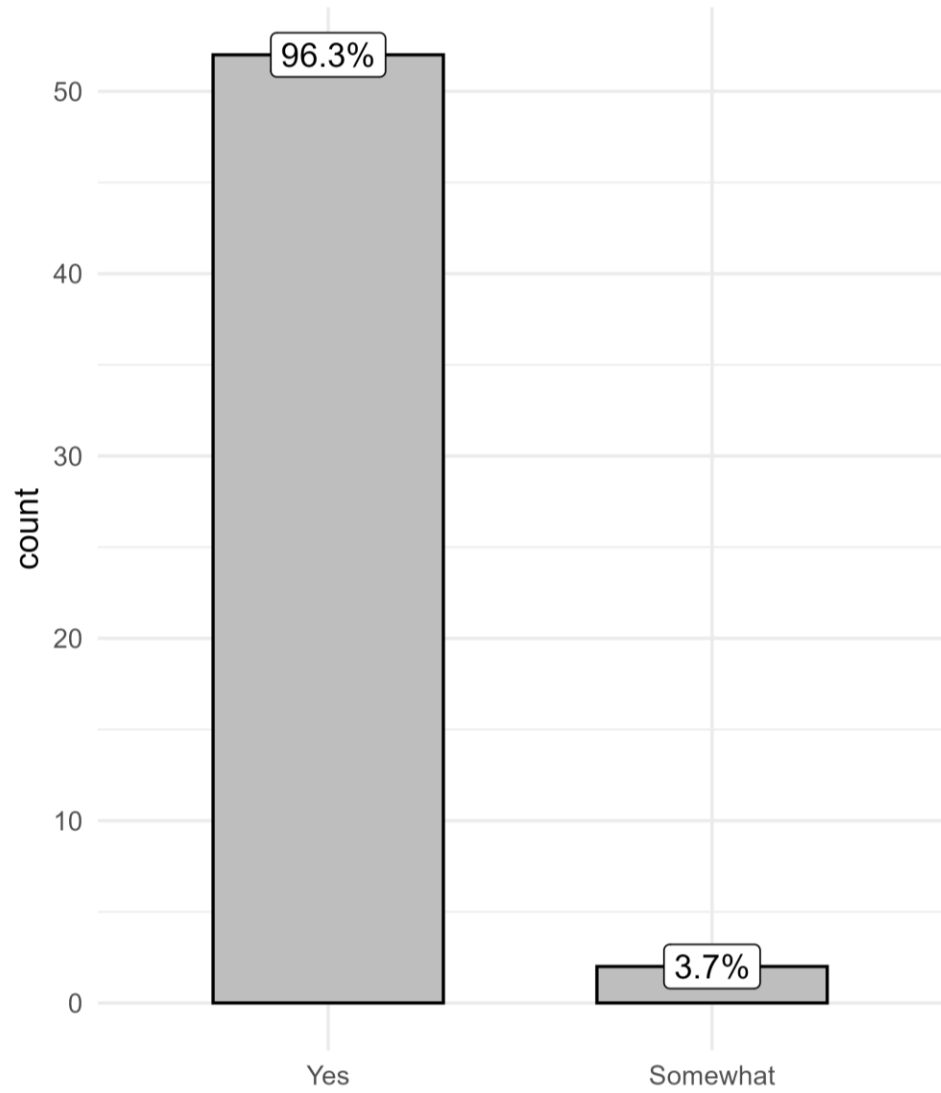
Duration of the session



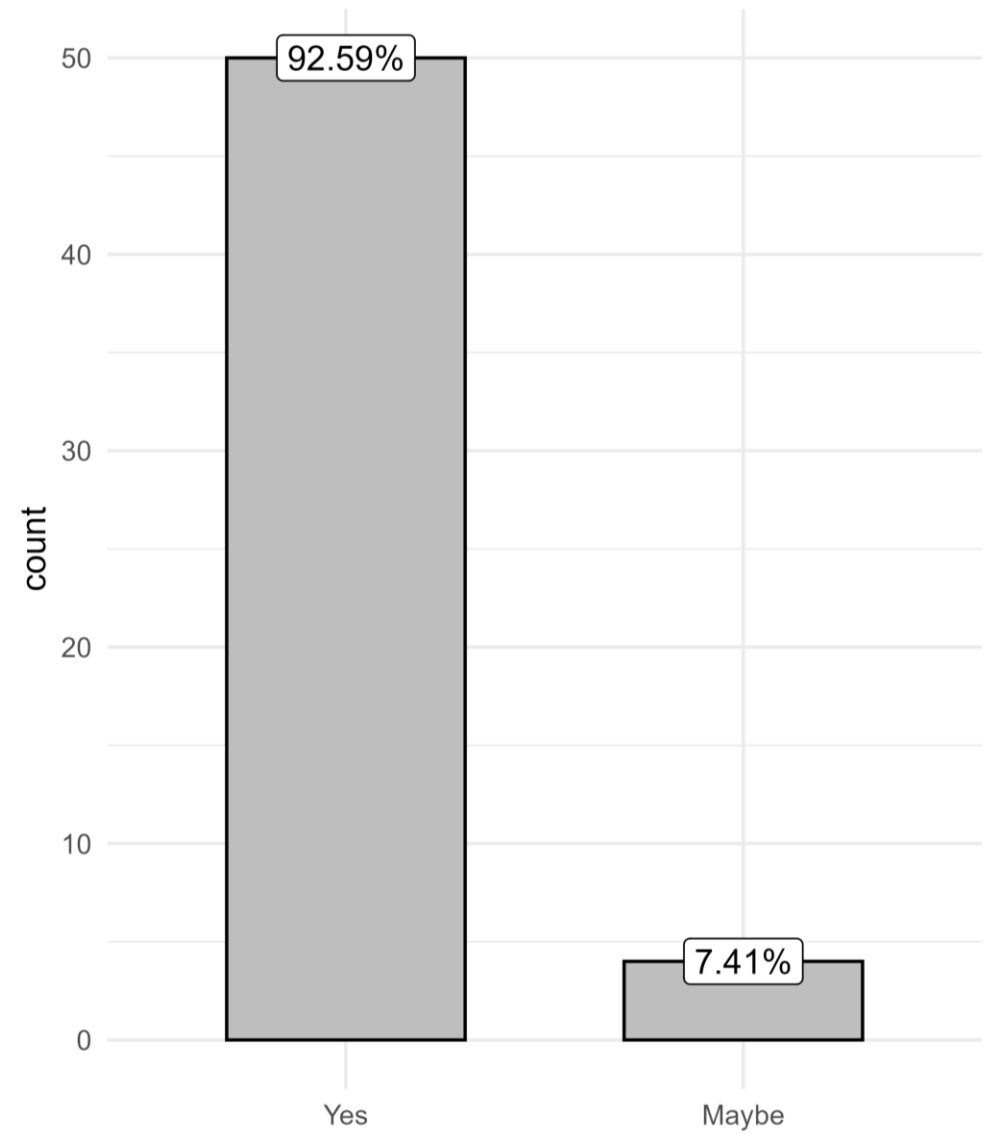
Q&A effectiveness



Was the session well organized



Similar session in the future



4. What was your biggest takeaway from the session?

*“**PARENTING** is too much often under considered in women AND men careers in science. It is sad to be said (and this holds true in all life aspects) that people without kids **DON’T** understand that needs of people who made the choice to be parents change. If you think that your science is the most important thing in the world, go ahead. If you understand the importance of parenting, beside being a scientist, start to understand more your co-workers (commonly older than you) who try to fit **SO MORE** many problems than yours, to get things working....”*

*“**Networking**”*

*“The importance of **mentoring** and **empathy**”*

*“Being **happy** of what you are doing”*

*“It is very important to be **self-aware**, to identify what is your **passion/path** in life and try your best to fulfill it, and for what one needs to step outside of the box and **expose themselves**”*

*“The path is **hard**, but we can do it”*

*“It’s impossible to separate **personal** from **scientific** life, they are basically the same.”*

5. What did you like most about the session (a few selected highlights)

*“I liked the **inclusion** of personal, real life, experience. Plus, it was **very sharp and straightforward, not rhetoric**”*

*“The personal and almost **“informal”** tone, making the session feel light while still instructive”*

*“The speaker was **outstanding**, sharing her personal and career paths so openly was **inspiring and moving**”*

*“The fact that it was a **personal** journey”*

*“She spoke **openly and with honesty**, addressing concerns and topics that most people in the room could **relate to**”*

*“The speaker shared her personal journey with **authenticity** and there was a **balance** between **general advice** for PostDocs and supporting **personal growth**”*

6. What improvements would you suggest for future speaker sessions?

“None at the moment”

“More time for Q&A”

“Need more of such sessions. GRAZIE!”

*“Maybe to include more practical, experience based, tips for young researchers. To me, also a bigger emphasis on the **difficulties of going abroad** (practical stuff)”*

“I think there were few PIs. It would have been nice to have them in the room, some of the things that has been said could have been inspiring.”

“More practical things for career development”

*“Invite foreigners who have been successful people (PIs etc) to talk about their **challenges**. Specifically non-EU PIs living in Europe. ‘cause life is easy when you are an EU citizen.”*

7. Topics or speakers you would like to hear from in the future

*“What are the opportunities in Italy to become PI?
What are the challenges and the actually
situation?”*

“Choosing the right lab”

“People that moved from academia to industry”

*“To invite someone who came back to Italy and
established their own lab, after a long period outside ”*

*“Speakers that have transitioned from academia to
industry (or vice versa, even if it’s rare). Speakers that
from foreign countries to Italy and now are PIs”*

“More about moving to other countries and to change careers”

“Failure confrontation and how to get the best out of your research training”

*“Science communication and conflict management. Editing. People and
project management.”*

“How to understand when it’s time your current role for a new one”

“Alternative career paths”

Thank you!

Especially to

Tiziana Bonaldi &

Susanna Chiocca